



Common Prayers to be Known

Prayers to be known by phase

Age Phase	4-5 (EYFS)	5-7 (KSI)	7-9 (Lower KS2)	9-11 (Upper KS2)	11 – 14 (KS3)
Prayers	The Sign of the Cross The Lords Prayer Hail Mary	Morning Offering - KSI Grace before meals – KSI Grace after meals – KSI Prayer at the end of the day – KSI Glory Be	Morning Offering – KS2 Grace before meals - KS2 Grace after meals – KS2 Prayer at the end of the day – KS2 The Apostles’ Creed An Act of Contrition Angel of God The Prayer of St Richard of Chichester Act of Faith Act of Hope Act of Love	The Rosary The Magnificat Come, Holy Spirit	The Benedictus The Angelus Hail Holy Queen The Memorare Jesus, Mary and Joseph, I give you Eternal Rest Diocesan Prayer for Vocations

EYFS

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.



The Lords Prayer

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

Amen.



Hail Mary

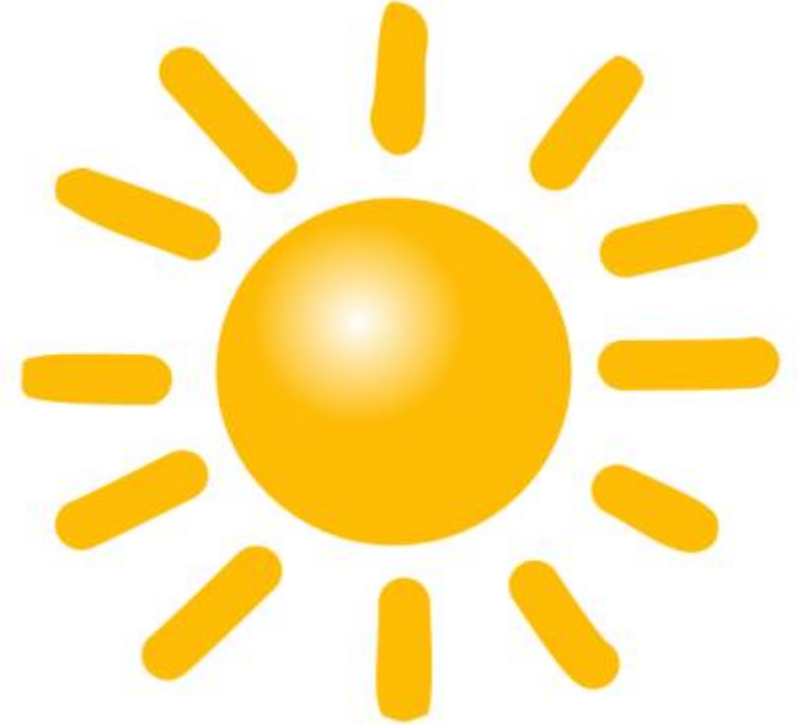
Hail Mary, full of grace,
the Lord is with thee:
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.



KSI

Morning Prayer – KSI

Father in heaven, you love me,
you are with me night and day.
I want to love you always
in all I do and say.
I'll try to please you, Father,
bless me through the day.
Amen.



Grace Before Meals – KSI

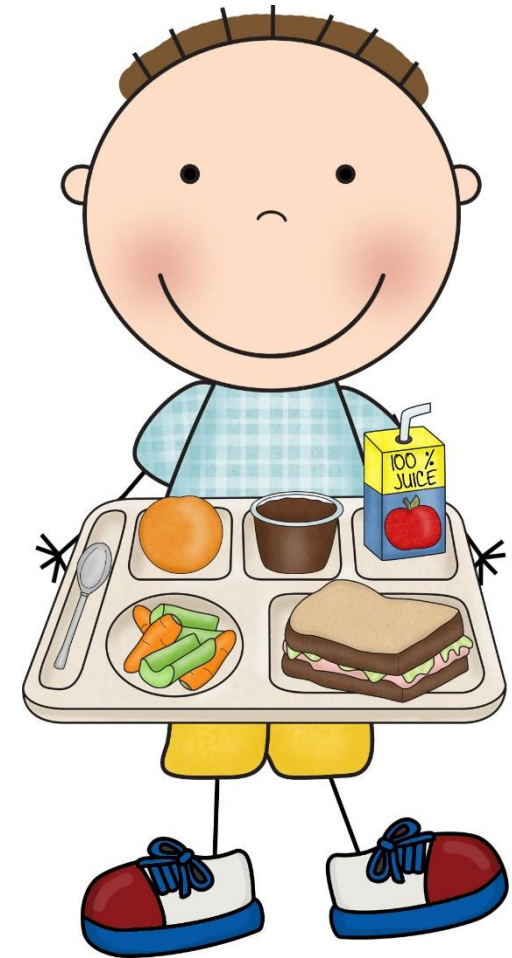
Bless us, O God, as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us, O God.

Amen.



Grace after meals – KSI

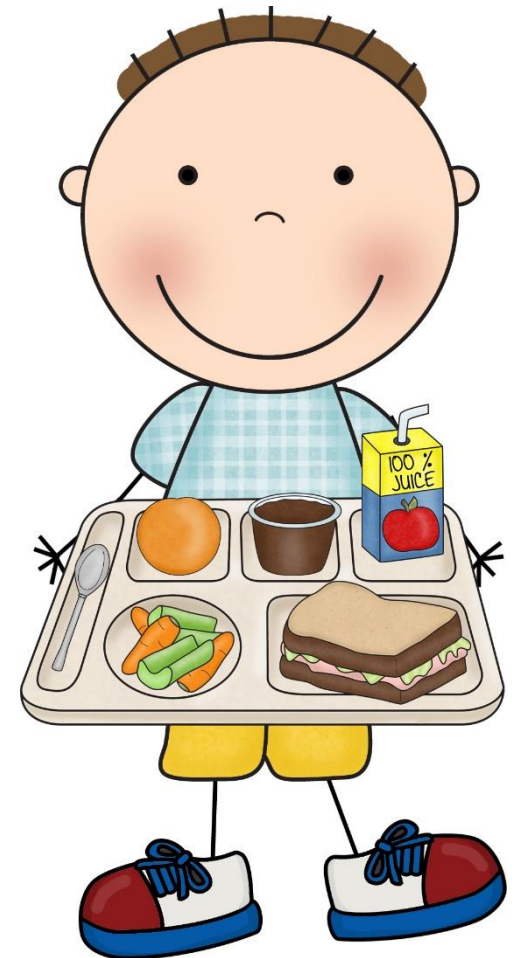
Thank you, God, for the food we have eaten.

Thank you, God, for all our friends.

Thank you, God, for everything,

Thank you God.

Amen.



Prayer at the end of the day – KSI

God our Father, I come to say
thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night
and in the morning send your light.
Amen.



Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.



Additional Prayers

Prayer of St. Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.



O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.



Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins:
for not loving others
and not loving you.
Help me to live like Jesus
and not sin again.
Amen.



Prayer of Thanksgiving after Communion

○ Sacrament most holy!

○ Sacrament divine!

All praise and all thanksgiving
be every moment thine.



Prayer to the Guardian Angel

Angel sent by God to guide me,
be my light and walk beside me;
be my guardian and protect me;
on the paths of life direct me.



Nunc Dimittis

Now, Lord, you have kept your word:
let your servant go in peace.

With my own eyes I have seen the salvation
which you have prepared in the sight of every people:
a light to reveal you to the nations
and the glory of your people Israel.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.

Amen.



Regina Caeli

Queen of Heaven, rejoice. Alleluia!
For he whom you were made worthy to bear. Alleluia!
Has risen as he said. Alleluia!
Pray for us to our God. Alleluia!
Rejoice and be glad, O Virgin Mary. Alleluia!
For the Lord has risen indeed. Alleluia!
Let us pray;
God, who through the resurrection of your Son, our Lord Jesus Christ,
has made glad the whole world, grant us, we pray,
that through the intercession of the Virgin Mary, his mother,
we may attain the joys of everlasting life.
Through the same Christ our Lord.
Amen.

